

# KAMA MAY 2008 NEWSLETTER

## *Knoxville Academy of Medicine Alliance*

President: Tina Hatcher  
Corresponding Secretary: Carolyn Frere  
Newsletter Editor: Barbara Crist

### May 2008

President's Letter	2
Legislative Update	3
Healthline	4
TAPP	4
Correspondence	4
TAPP	4
Book Club	5
Members to Add	5
Membership + Form	6-7
Pictures	8-9
UTRA	10

### Installation of 2008-2009 Officers!

Come join us as we thank our current set of leaders for a year of hard work and great fun! Then stay with us as we install new officers for the coming year. We will cheer them on as the "*team that leads us to greatness!*"

Following are the slate of officers and board members for 2008-2009:

#### 2008-2009 KAMA Officers

President: Cindy Bresee  
President-Elect: Jenny Bushkell  
First Vice-President: Beth Thomas  
Second Vice-President: Michele Maves  
Treasurer: Jessica Miller  
Philanthropic Treasurer: Tamra Brown  
Historian: Jamie Singer  
Corresponding Secretary: Joan Dawson  
Recording Secretary: Libby Woodworth  
Parliamentarian: Dewdrop Rule

#### 2008-2009 Board of Directors

Sandy Campbell, Chairman  
Cindy Bresee  
Jenny Bushkell  
Jo Martyn  
Robin Hutchins  
Pam Arnett  
Darlene Vickers

(For Directions  
and the Menu  
please see page 3)



#### New Agenda for May Meeting

**9:30 - 10:00** Joan Creasia, Dean of the UT College of Nursing and Deborah Powell, Development Officer will discuss how to endow a nursing scholarship. I would like to invite our current and future board of directors, current and future philanthropic board and current and future executive committee as well as any member who is interested to attend this portion of the meeting!!!!

**10:00 - 10:30** Social Time

**10:30 - 11:00** Short Business Meeting and Installation of Officers

**11:00 - 11:30** Changeover Meeting between 2007-2008 officers and 2008-2009 officers  
PLEASE BRING KAMA MATERIALS TO EXPLAIN THE RESPONSIBILITIES OF THE POSITION

**11:30** Catered Luncheon by Manny's Catering

Thursday, 10:00 am  
Thursday, May 1st  
Home of Dr. and Mrs. James Cox (Beth)

*Lunch Reservation Deadline\*\*:* Monday, April 27<sup>th</sup>, 2008.

*Please RSVP for lunch or babysitting to Renee Cook. Childcare available for free by reservation.*

**VERY IMPORTANT!!!**  
**MEMBERSHIP FORM ENCLOSED ON PAGE 7**  
**PLEASE MAIL KAMA DUES TO JESSICA MILLER**  
**AS SOON AS POSSIBLE IN ORDER TO BE**  
**INCLUDED IN 2008-2009 YEARBOOK**

## Letter From Your President

Dear Members,

Our KAMA theme for the year was "Membership, Leadership, Stewardship, Fellowship...Man the Ship!" We increased our membership with our "Come on Back Drive", a membership coffee, a special lunch promotion at our December meeting and numerous phone calls and letters. We welcome our new members and are thrilled to see some established members get "reconnected" with KAMA. And we celebrate the contributions of our most tenured members, Dewdrop Rule and Nancy Prater, who continue to inspire us all!

Our leadership was superb and inspiring, and I'd like to gratefully thank our officers, Board of Directors, Committee Chairmen, and Philanthropic Fund Board of Managers for their dedicated contributions. Our leaders increased their skills by attending numerous conferences this year including the AMAA National Leadership Conference in Chicago, the Southern Regional Development Conference in Huntsville, the Legislative Conference in Washington, D.C. and the TMAA State Convention in Nashville. And we have three Knoxville KAMA members serving as TMAA State President from 2007-2010, while several members hold State and National positions with the Alliance!

In the area of stewardship, we generated funding for our philanthropic efforts through Fashion Drama and Doc Rock. We also continue to lead the nation with our contributions to medical education and research through the AMA Foundation Sharing Card. We increased our nursing scholarship awards to UT, Carson Newman, Tennessee Wesleyan, Lincoln Memorial, Roane State and Walter State. We will explore the establishment of a nursing scholarship endowment at our May meeting. We contributed to the Family Justice Center to fund a medical examination room which will soon be constructed. The Philanthropic Fund Board of Managers voted to continue to fund TAPP (Teen Aids Prevention Program) and SAVE (Stop America's Violence Everywhere) We will also support "Reality Works" and "Petals and Pearls", part of the Knox Adolescent Pregnancy Prevention Initiative. And finally, we donated to Project Access and The People's Clinic to provide medical care for those who can't afford it. KAMA members voted to adopt a new project called "Screen Out", which promotes mandatory R ratings for movies that depict on screen smoking or tobacco imagery. And our HEALTHLINE programming continues to educate the community about medical issues.

Our fellowship was most evident at our monthly meetings where we learned about community issues such as domestic violence, the foster care system, and UT Athletics and personal development issues such as parenting styles, holiday decorating, home organization, gardening with native plants, financial management, and meal preparation. Our Book Club and the UT Resident's Association offer opportunities for friendship and support. We also enjoyed each other's company at some special events including Fashion Drama, Doc Rock, PITCH, the Symphony Show House Tour, the Anita Gregg Memorial Luncheon and the retirement luncheon honoring Jo Terry, Director of the Community Coalition on Family Violence.

Hope to see you on May 1 at the installation of our new officers including Cindy Bresee as President and Jenny Bushkell as President-Elect! You'll have an opportunity to buy a table at Fashion Drama (limited seating this year and last year was a sell out!) and to pay your dues so that you'll be included in the directory.

It has been my honor and privilege to serve as your President this year.

Best Regards,

Tina Hatcher

2007-2008 KAMA President



*Rest satisfied  
with doing  
well, and  
leave others  
to talk of you  
as they  
please.*

Pythagoras

**Lunch Menu:**

- Grilled Flank Steak Salad
  - Mixed field greens, tomatoes, green onions, artichoke hearts, with blue cheese vinaigrette
  - Served with bread and fresh fruit
  - Tiramisu for dessert
- Served by Manny's Catering!  
 Lunch RSVP Deadline: April 27<sup>th</sup> Please understand that if you cannot come at the last minute, we will have to bill you for the cost of your reserved lunch if we cannot sell it to someone else. The caterer will be charging us.

## Legislative Update

The legislative year never really ends. It is a continuous process 12 months of the year.

Although the state legislation session usually ends in May-June, we are always in the backfield working with our legislators on issues throughout the summer. There will opportunities this summer to work on campaigns of legislators who are friends of medicine. I will plan to keep you posted on those throughout the summer via email.

Most recently, several of our KAMA members (Darlene Vickers, Sarah Higgins, Jo Terry, and I) as well as two other TMAA members (Sue Vegors, Jackson, and Melissa Portera, Chattanooga) attended the AMA/AMAA National Advocacy Conference in Washington, D.C. March 29-April 2, 2008. The three day conference was filled with information on the legislation regarding possible Medicare cuts as of July 1, 2008, as well as upcoming presidential election information. How our candidates stand on medical issues and healthcare for Americans is of the utmost importance. We were privileged to hear speakers like Tony Snow, former press secretary to President Bush, and Forrest Sawyer, former ABC News Anchor. Several of our national Senators and Representatives spoke at the conference as well. The most impressive time was the march of hundreds of physicians on Capitol Hill wearing their white coats and the rally in front of the Capitol beforehand. Many of you may have seen the picture and article on the Knoxville News Sentinel Blog site, you can view it at: [http://blogs.knoxnews.com/knx/harrington/2008/04/tma\\_lobbies\\_for\\_save\\_medicare.html](http://blogs.knoxnews.com/knx/harrington/2008/04/tma_lobbies_for_save_medicare.html)

On April 8, 2008, TMA sponsored a bus for the physicians from east TN to go to Nashville for P.I.T.C.H. (Physicians Involved on Tennessee's Capitol Hill) Day. East TN showed their support by taking over 50 physicians and guests to P.I.T.C.H. The KAMA members in attendance were Robin Hutchins, Darlene Vickers, Miss DePersio, and yours truly. We attended a committee meeting where the physicians from Knoxville and East TN were introduced by Rep. Joe Armstrong from Knoxville. We met with the Senators and Representatives from our districts and discussed the medical bills that were pending. The Medical Liability Reform bill SB2001 by Norris/HB 1993 by Overby has been amended, and passed the House and will be voted on in the Senate April 21, 2008. TMA asks that we support this bill as amended. There were many others bills which you can read about if you log onto the [www.medwire.org](http://www.medwire.org) website.

Thank you to those who have sent letters, emails and phone calls to our legislators to ask them to support bills which help medicine, and oppose those that do not. We want to thank the KAMA members and physicians who attended the conference in D.C. and P.I.T.C.H. in Nashville. I look forward to keeping you posted over the summer. Be sure you are registered to vote, vote, and make your voice heard.

Respectfully submitted, Gail Brabson, Legislative Chair

## Healthline

The following are the Healthline scheduled airings for April and May 1st:

Host: Sheila Wittke

Aired: CTV Community Television cable channel 12 (Knoxville); Channel 6 (Farragut)

Time: **Air Time: Thursdays at 8:30 pm**

May 1	Carpal Tunnel Syndrome & other hand disorders	Dr. Douglas Calhoun
8	Eating Disorders: Anorexia Nervosa & Bulimia	Dr. John B. Robertson, Jr.
15	Pros & Cons of hormone replacement therapy	Dr. Jeffrey B. Brown
22	Cholesterol & your heart	Dr. Bret Rogers
29	Bariatric weight loss surgery	Dr. Gregory Mancini
June 5	Endometriosis	Dr. Heather K. Moss
12	Tuberculosis	Dr. Michael McCormack
19	Adult Tethered Cord Syndrome	Dr. Todd Abel
26	Obesity & weight loss management	Dr. Gregory Mancini

**Note: Air time from July 1 to December 31, 2008 will be on Tuesdays at 5:30 p.m.**

July 1	Asthma	Dr. Michael McCormack
8	Pelvic reconstructive surgery	Dr. Jeffrey B. Brown

We will not be taping any new shows until the second week in July.



## Teen Aids Prevention Program (TAPP)

The schedule for May is:

<u>School</u>	<u>Date</u>	<u>Class Times</u>
Powell	May 5 and 6	8:35-10:05 am
Vine	May 5-8	11:30 am-12:30 pm

Anyone interested in observing a class at one of these schools should contact Nancy Prater.

## Correspondence

This month, condolences were sent to:

- the family of Dr. Clifford L Walton, Jr. for his death
- Libby Ivens (Mrs. Mark Y.) and her family on the death of her mother, JoAnne Pryse

Please notify Carolyn Frere with news about births, deaths, sickness, or concerns of KAMA members so she can send a note on behalf of KAMA:

## KAMA Book Club

The next meeting of the KAMA Book Club will be at 9:30 a.m. on Tuesday, May 20 at the home of Sandy Campbell. Our book will be *East of Eden*, John Steinbeck's classic novel, and his personal favorite of all his many works. The story is set in the Salinas Valley, where Steinbeck grew up, and blends his family history with elements from the book of Genesis with its themes of good and evil, love, rivalry and guilt.

The Book Club will continue to meet throughout the summer. For more information, please contact Sandy Campbell.



*Happy Mother's Day!*

*All children need a laptop. Not a computer, but a human laptop. Moms, Dads, Grannies and Grandpas, Aunts, Uncles - someone to hold them, read to them, teach them. Loved ones who will embrace them and pass on the experience, rituals and knowledge of a hundred previous generations. Loved ones who will pass to the next generation their expectations of them, their hopes, and their dreams.*

General Colin L. Powell  
 Founder, America's Promise  
 - the Alliance for Youth

### Members to Add/Change to Your 2007-2008 Yearbook:

Rena Bruner, M.D.	
Kathryn Adams (Mrs. John S.)	Infectious Disease
Nancy Dudrick (Mrs. Paul S.)	Surgical Oncology
Margie Goldman (Mrs. Mitchell H.)	Vascular Surgery
Stephanie Howard (Mrs. Bobby)	Perinatology
Elissa Hurd (Mrs. Aaron)	
Minde Hurst (Mrs. James)	Internal Medicine
Phyllis Marcy (Mrs. J. Samuel)	Orthopedic Surgery
Alice Mercer (Mrs. Charles W.)	Retired
Tammy Prince (Mrs. Ty)	Allergy
Sally Scott (Mrs. Christopher)	Cardiology
Jamie Singer (Mrs. Andrew)	Allergy
Sabine McWhirter	Neurology

### Top 10 Reasons for Membership:

10. Making a Difference in Your Community
9. Developing Leadership Skills
8. Being Part of a National Organization
7. Finding Out About Legislation Affecting Medicine
6. Building a Network of Colleagues
5. Helping Others with County Projects
4. Getting to know your community
3. Meeting New Friends
2. Supporting Each Other
1. Supporting the Family of Medicine

### Stop America's Violence Everywhere

Stop America's Violence Everywhere (S.A.V.E.) is the American Medical Association Alliance's nationwide initiative to end violence and help its victims. Locally, KAMA works with Knox Co. School Guidance Counselors to distribute hands-on anti-violence materials to over 20,000 elementary age children. A new initiative in 2005-2006 is the Internet education program for grades K-3 called, "Faux Paw," which teaches key safety points. The SAVE committee meets annually to prepare the materials for distribution. As our volunteer base grows, we hope to include the local private and parochial schools as well. With the opening of the new Family Justice Center, there will be new volunteer opportunities for KAMA members. Call Shawna Dittrich for details at 560-2760.



Other SAVE projects include awareness, education and prevention projects for both the public and health care providers. SAVE projects also support area shelters which provide safe, short term housing for abused families.

KAMA also supports the annual Anita Gregg Memorial event, which features a national speaker about domestic violence each October. Anita Gregg was a Knoxville nurse who was a victim of domestic violence. This event is sponsored by the St. Mary's Foundation.



The Knoxville Academy of Medicine Alliance has joined the AMA Alliance in supporting Screen Out!, a national parent-to-parent public awareness campaign to stop the irresponsible use of tobacco in movies for children and adolescents. Movies are often used to promote tobacco brands and to advertise the acceptability of the act of smoking. The goal is to promote change that could potentially prevent young children and teens from being influenced to begin smoking. More information on Screen Out! can be found on the AMAA Web site at [www.amaalliance.org](http://www.amaalliance.org).

### Legislation

KAMA informs members on legislative issues affecting medicine. This committee:

- Promotes legislation that improves health and quality of life for all people
- Unites efforts to promote the position of medicine at local, state and national levels
- Sponsors trips to visit state legislators in Nashville with KAMA with advertisement from TNMA and TMAA. The Medical Liability Reform is a top priority this year. We are working with TMA to educate Physicians and spouses about this issue.

### Teen AIDS Prevention Program (TAPP)

Abstinence - based program taught in Knox County middle schools. More volunteers are needed.

### HEALTHLINE

Television program on local access channel 12, interviewing Knoxville Area physicians on health-related topics. This is headed by Sheila Wittke of KAMA.

### AMERICAN MEDICAL ASSOCIATION FOUNDATION (AMA-FOUNDATION)

Funds are raised to support this national program through our holiday sharing card, with proceeds dedicated to fostering excellence in medical education, public health, and research. For the 35th year in a row, Tennessee was the state with the highest contributions to the AMA Foundation.

### Affiliation with the Knoxville Academy of Medicine

We enjoy a mutually supportive relationship with the Academy, however, spouse membership in KAMA is not a requirement for KAMA membership. Joint endeavors include:

- Dinner meetings and programs
- Family picnics and/or seasonal activities
- Working together on health-related community events
- Knox Area Project Access

## Knoxville Academy of Medicine Alliance

### Mission Statement

KAMA is a non-profit organization established in partnership with the Knoxville Academy of Medicine to promote health education programs that impact the welfare of our community and to encourage friendships among its members.

In 1928, the spouses of members of the Knoxville Academy of Medicine recognized the needs and benefits of working together to further the physicians work to improve the health of the citizens of Knoxville. They organized what is now known as the Knoxville Academy of Medicine Alliance (KAMA). Today, KAMA is an organization whose members spend countless hours of service each year to improve community health through education and hands on service.

I would like to become a new KAMA Member     I would like to renew my KAMA membership

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (H) \_\_\_\_\_ (C) \_\_\_\_\_ (W) \_\_\_\_\_

Email address \_\_\_\_\_  
(Email address will not be shared outside the KAMA membership).

Occupation \_\_\_\_\_

Spouse's Name and Speciality \_\_\_\_\_

Hospital Affiliations \_\_\_\_\_

- |  |         |
|--|---------|
| <input type="checkbox"/> Regular Member  | \$90.00 |
| <input type="checkbox"/> Special Member  | \$20.00 |
| (for widow or spouse of retiree but you may pay regular dues to remain a member on local, state, and national levels of the Alliance.) |         |
| <input type="checkbox"/> Resident Physician Spouse   | \$15.00 |
| <input type="checkbox"/> Please bill my Spouse's practice at the following address:  |         |
| _____  |         |
| _____  |         |
| _____  |         |
| _____  |         |

If you have special talents or skills that would be helpful to KAMA, please share them with us:

- |                                      |                                      |                                       |                                       |
|--------------------------------------|--------------------------------------|---------------------------------------|---------------------------------------|
| <input type="checkbox"/> Computer    | <input type="checkbox"/> Teaching    | <input type="checkbox"/> Nursing      | <input type="checkbox"/> Fund Raising |
| <input type="checkbox"/> Cooking     | <input type="checkbox"/> Organizing  | <input type="checkbox"/> Financial    | <input type="checkbox"/> Publicity    |
| <input type="checkbox"/> Bookkeeping | <input type="checkbox"/> Photography | <input type="checkbox"/> Scrapbooking |                                       |
| <input type="checkbox"/> Other _____ |                                      |                                       |                                       |

My special interest is: (Please check one or more) (See other side for program descriptions)

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> AMA Foundation   | <input type="checkbox"/> Fashiondrama            | <input type="checkbox"/> Impact & Legislation |
| <input type="checkbox"/> Health Promotions (Screen Out!)  | <input type="checkbox"/> Membership              | <input type="checkbox"/> Mailing              |
| <input type="checkbox"/> Monthly Meetings, Nametags, Telephone, Reservations, Caterers, Collections |  | <input type="checkbox"/> Book Club            |
| <input type="checkbox"/> SAVE (Stop America's Violence Everywhere)                                  |  |   |
| <input type="checkbox"/> TAPP (Teen AIDS Prevention Program)  | <input type="checkbox"/> Dues paying member only |   |

Is there any elected office in which you would be willing to serve? \_\_\_\_\_

Is there any committee which you are willing to chair or co-chair? \_\_\_\_\_

Are there any specialty or interest groups you are interested in joining or starting? \_\_\_\_\_

(Bunco, Book Club, Garden Club, Investment Club, Lunch Group, Moms & Tots, etc.)

Any Ideas or Program requests for next year? \_\_\_\_\_

Would you come to the monthly meetings if we provided a babysitting service? \_\_\_\_\_

(This will depend on number of people making this request.)

*\* Please fill out and return this with your dues check. Even if you do not wish to participate in a committee, please fill in the top portion so we have a record of your address for mailings.*

Please send dues payable to KAMA to:  
Jessica Miller

*KAMA members at luncheon honoring Jo Terry for her accomplishments with the Knoxville Family Justice Center*

*We learn to fly not by becoming fearless, but by the daily practice of courage.*

Sam Keen



From left to right, Sonnie Campbell, Susan Brown, Dale Pool, Renee Cook, Cindy Bresee, Michele Maves, Jo Terry, Ellen Evancho, Sarah Higgins, Shawna Dittrich, Tina Hatcher, Darlene Vickers, Harriet Hodge, and Robin Hutchins

If anyone has any pictures you have taken at our meetings or events this year, please contact Gail Brabson . There are needed for the President's Scrapbook. Any keepsakes are welcomed as well.



**Bridge Players:**

Anyone interested in getting together to play bridge?  
It would be nice to have two tables.  
Please contact Jo Martyn and let her know which days you would be available to play.

*Pictures from the April KAMA Meeting.....*



Nancy Prater and Dewdrop Rule celebrate their birthdays at the April Meeting



Sarah Higgins, Sandra Huddleston, and Gloria Williford

*Be civil to all; sociable to many; familiar with few; friend to one; enemy to none.*  
Benjamin Franklin



Sandy Campbell and Jacque Prince



Ellen Evancho and Robin Hutchins

**Fashion Drama 2008 is planned for  
Monday, October 27<sup>th</sup> at the downtown Hilton Hotel**

**Fashion Drama will be held in a new venue this year—the downtown Hilton Hotel. Tables will seat eight people and there will be no limits on the number of guests!**

**Tickets include Lunch & Show**

**Tables of eight \$480 or \$60 per individual**

# UT Residents Alliance News



**LADIES NIGHT OUT (LNO):** Becky Holmes

There is not an LNO scheduled for May as the big event for May will be the end of the year party:

## END OF THE YEAR PARTY!!

Saturday, May 17th: 11:00am-1:00pm ~ We will be celebrating with the outgoing members of the UTRA as they move on and complete residency! We have reservations at the Apple Cake Tea Room!! Adorable tea room with a great menu!! Invitations will be mailed out in mid April.

**PLAYGROUPS:** Stephanie Clanton  
(KAMA moms and children are also invited to attend these UTRA playgroups!)

There are not any playgroups scheduled for May.

**PLEASE NOTE THAT PHONE NUMBERS AND EMAIL ADDRESSES HAVE BEEN ELIMINATED TO PROTECT THE PRIVACY OF KAMA'S MEMBERS. IF YOU HAVE ANY QUESTIONS ABOUT ANY OF OUR ACTIVITIES, PLEASE CALL CINDY BRESEE, THE 2008-2009 KAMA PRESIDENT AT 673-0099 OR EMAIL HER AT KAMApresident@gmail.com .**

### MISSION STATEMENT

KAMA is a non-profit organization established in partnership with the Knoxville Academy of Medicine to promote health education programs that impact the welfare of our community and to encourage friendships among its membership.

Knoxville Academy of Medicine Alliance  
P. O. Box 10551  
Knoxville, TN 37939-0551

NON-PROFIT ORG.  
U.S. POSTAGE  
**PAID**  
Knoxville, TN  
Permit #41